



UNIVERSITÀ
di **VERONA**



ACADEMIC COACH Programme

to win also in study

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Stage of the programme

Academic Coach is a programme drawn up thanks to a coordination formed by the University Sports Centre (CUS), University Sports Committee of the University of Verona and ESU Verona, and is addressed to students enrolled in the University of Verona who, parallel to their studies, are also engaged in sports careers as athletes participating in international and/or national competitions at the highest levels.

The programme aims to support the right to study and the right to practice sports for *student-athletes*.

The programme enhances peer tutorship, or the peer support offered by a student to another student-athlete inside the University of Verona.



Inside the programme

Academic Coach is a major path fostering the development of a good university career, guaranteeing support for study and its organization thanks to the dedicated action of *peer-tutors* who also have the role of *coaches*, guiding and motivating *student-athletes*.

The programme is based on the identification of *student-athletes* and the identification of students or new graduates with the role of *peer-tutor coaches*, and is achieved thanks to the financing of tutoring assignments.

In order to identify *student-athletes* and *peer-tutor coaches*, **calls for applications** have been drawn up.



Methodology

The Academic Coach programme involves two consecutive phases, an initial pilot action and the in-progress phase which represents the programme in its final version.

The proposal sets out participation **requirements** for the attendees, *student-athletes* and *peer-tutor coaches*.

The proposal provides **training courses** for *peer-tutor coaches* and sets out **follow-up meetings** to enhance and monitor their work and to review the strategy of intervention with the student-athletes; it also includes an empirical part consisting of **gathering data** and an intermediate and final **qualitative evaluation**.



Assessing programme effectiveness - outputs

On developing a working methodology to provide appropriate services for dual career, **directives** for the implementation of the programme were defined.

In addition to the aim of supporting the right to study and the right to practice sports for *student-athletes*, the **findings** of this programme will reflect the improvement in the institutional and organizational effectiveness based on the awareness of dual career, its perspectives and its dynamics.

References

Institutional web-sites

www.dsnm.univr.it/?ent=avviso&dest=&id=128409

www.dsnm.univr.it/?ent=avviso&dest=&id=128884

www.cusverona.it

Press release - August 2017- Academic Coach

www.univr.it/main?ent=catdoc&id=6463&idDest=7&sServ=78&serv=76#6654

Videos

www.youtube.com/watch?v=-ezyxt0_ldo

<http://telp.ri.telpress.it/news/2017/10/31/2017103103198807844.MP4>



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THANK YOU

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